INTERACT AND ATSU ROTARACT DONATE TO SHOES FOR ORPHAN SOULS CAMPAIGN: In left photo, KHS Interact officers (Anna Moore, Cheyanne Craig and Allyson Martin) are presenting Chair Dana Delaware 237 pairs of socks as their contribution to the Shoes of Orphan Souls campaign at the club’s April 17 meeting. In right photo, Bo Cates today presented a $200 check from ATSU Rotaract. Dana said if he receives $100 today, the final day of the campaign, we will be at $2,000 collected for shoes. The shoes and other items will be picked up Friday, April 27 at J.C. Penney’s parking lot between 6:45-7:15 p.m., in advance of the District Assembly in Macon on Saturday, April 28.

FOUNDATION RECOGNITION: Chair Jeff Romine said we have earned another “Star” recognition and also our club has met the district’s goal of $132/Rotarian.

JOE COSTELLO, DOCTOR OF PODIATRIC MEDICINE - “SELECTING THE PROPER SHOE AND COMMON FOOT PROBLEMS”

Dr. Costello has practiced in the Kirksville area for five years and last October opened the Costello Foot and Ankle Clinic located just north of Sonic. He and his associate, Dr. Timothy Holcomb, treat all conditions, both surgically and non-surgically, related to the foot and ankle using the latest in technology, which according to Randy Rogers, cannot be found anywhere else in northeast Missouri. He spoke about the importance of selecting the proper shoe, particularly for conditions like flat feet. He spoke about various common foot problems. Dr. Costello encouraged us to exercise. In response to a question about cramps, Dr. Costello says dehydration and/or a diet lacking in B12 are frequently the culprits. Dr. Costello is pictured in above photo with Program Chair Randy Rogers (left) who introduced him.

50-50 Drawing: No Drawing Today.

Guests:
Rick Steele (Thousand Hills club)
Bo Cates (ATSU Rotaract-guest of club)
Dr. Joe Costello and wife Ashlea Costello (speaker and guests of club)

Make Up Meetings at 1000 Hills club - NE Regional Medical Center cafe (Thursdays at 7 a.m.) or North Star club - Wooden Nickel (Tuesdays at 5:15 p.m.)

Upcoming Programs:
April 25 - Classification Talks
May 2 - Four Way Test Award
May 9 - Twila Schuler/Rising Sun Karate
May 16 - TBA
May 23 - Zac Burden/History of TSU